

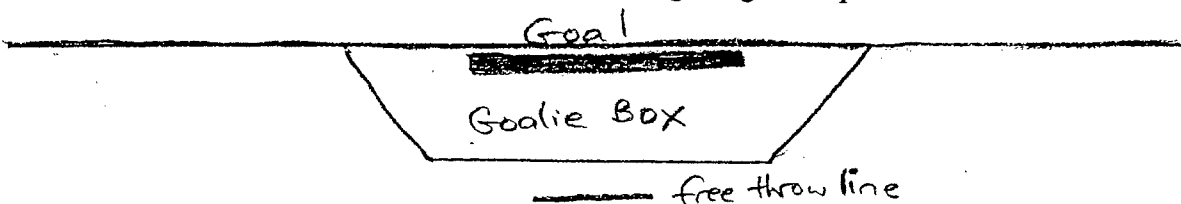
Speedball

Brief History: Speedball was developed by E.D. Mitchell at the University of Michigan in the 1920's. The sport was invented to include **soccer, football, and basketball** all in one game. Mitchell wanted to include the various sports to permit all players to participate in all aspects of the game.

**Official Speedball rules differ from Physical Education rules. Many modifications can be made to Speedball to accommodate space, age level, and the number of players. You may find official Speedball rules at the following link:*

<http://jk065.k12.sd.us/Speedball%20Rules.htm> The following information is Colts Neck HS modification of the game.

Game Play: Teams consist of 6 to 12 players. The object is to advance the ball towards the opposing team's goal by dribbling (kicking the ball like soccer) or passing to teammates (like basketball or football) and attempt to throw, kick, or head the ball into the goal. The game begins with a **face-out** at center court where opposing teams attempt to take first control of the ball. The ball may be hit, kicked, thrown or advanced with any part of the body. However, the ball may only be touched with the hands if it is directly caught off a pass or kick from any body part or obstacle except the ground. If the last thing the ball touched was the ground, it cannot be touched by the hands. Players may then pass it to each other in the air, never taking more than **two steps** with the ball. While in the **goalie box**, goalies may use their hands at any time. Once a goal is scored, the team scored upon gets the ball at center court. A goal can only be scored by throwing or kicking the ball from outside the goalie box. No part of the body can touch the ground on or past the line. The attacker can be in the air over the line but must throw the ball before touching the ground past the line.



Rules/penalties:

Hand ball: When the ball is illegally touched. Results in a free kick or pass from the spot of foul by the opposing team.

Traveling: Taking more than two steps with the ball, results in a free kick from the spot of the foul by the opposing team.

Penalty Kick: Occurs when a foul takes place in a goalie box and results in a free kick or throw from the free-throw line in front of the goal. Only the goalie may defend the goal until the ball is kicked or thrown, then the game returns to free play for both teams.

Scoring:

Thrown Goal = 1 point
Kicked Goal = 2 points